

## RESTAURANTS PANAMA CITY

### CITY CENTER

#### Maito



Maito lends a classic, simple and beautiful ambience in the outskirts of the city center away from the busy streets and crowded banking center. It is ranked among **Latin America's 50 Best Restaurants** and the menu offers a creative and inspired fusion of Panamanian local specialties with international cuisine created by Chef Mario Castellon. Its seafood appetizers and entrees are highly recommended.

Open Mon-Sat 10:00 a.m. – 10:30 p.m. **Sundays closed.**

**Email:** [info@maitopanama.com](mailto:info@maitopanama.com)

**Phone:** (507) 391-4657

**Address:** End of Calle 50 crossing Cincuentenario, 4th house on the left, Coco del Mar

#### Salsipuedes (The Bristol Hotel)



A Panamanian gourmet food experience in elegant surroundings. Experience the finest Panamanian cuisine with the most fresh and natural native ingredients in a wide variety of international, seafood and Panamanian dishes. Desserts to-die-for. Also, one of the best Sunday brunches in Panama. Located at the Bristol Hotel.

Open daily from 6:30 a.m. to 11:00 p.m.

**Email:** [bristol@thebristol.com](mailto:bristol@thebristol.com)

**Phone:** (507) 264-0000

**Address:** Avenida Aquilino de la Guardia, Bella Vista

#### La Casa de Marisco



Found in 1956 by Don Ramón Martínez Acha and his wife Doña Claudia from Spain, La Casa de Marisco transformed itself soon in one of the best seafood restaurants in Panama. It still enjoys excellent reputation, service, Spanish ambience and open-air patio. Enjoy gourmet seafood cuisine with some of the ingredients being directly imported from Spain. Enjoy the fine indoor dining atmosphere or a quaint outside patio. Open daily from 12:00 p.m. – 10:00 p.m.

**Email:** [rmacha@cwpanama.net](mailto:rmacha@cwpanama.net)

**Phone:** (507) 223 7755 or (507) 264 2644

**Address:** Calle Manuel Maria Icaza, Obarrio

# RESTAURANTS PANAMA CITY

## CITY CENTER

### Intimo



This tiny 20-seat restaurant located in the backyard of the residential neighborhood San Francisco, in the East part of Panama City is a mix of styles: worn original gray-and-white checkered floors; a lacquered concrete bar with retrofitted bar stools and light fixtures. Chef Carlos Alba, who goes by Chombolin, uses Panamanian flavors with fresh products harvested from the restaurant's backyard filled with herbs, papaya, cilantro, chiles, rows of. You may choose between a la carte or the chef's recommendation, an 11-course tasting menu along with tasty cocktails. Open from Tuesday - Thursday from 6:30 p.m. – 11:00 p.m. ; Saturdays from 6:30 p.m. – 12:00 a.m.

**Email:** [info@intimorestaurante.com](mailto:info@intimorestaurante.com)

**Phone:** (507) 388-1365

**Address:** Calle 72 Este, San Francisco, Panama City

### La Posta



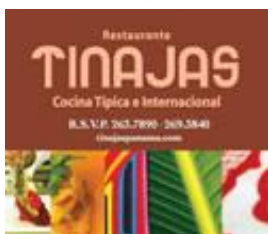
A popular new bistro restaurant with a "new market cuisine: conveniently located in the city center with a varied international menu including exquisite seafood dishes, home baked bread and gourmet pizza baked from a wood burning oven. 30 years of restaurant experience in New York, Jamaica and Cartagena. Reservations required. Open from Mondays through Saturdays 12:00 p.m. to 3:00 p.m. and 7:00 p.m. to 11:00 p.m. Closed on Sundays!

**Website:** <http://lapostapanama.com>

**Phone:** (507) 269-1076

**Address:** Calle 49 and Calle Uruguay, Bella Vista

### Las Tinajas



The name Tinajas comes from the word "tinaja", a clay piece of pottery that was used in the old days to keep the drinking water fresh. That is exactly the "fresh flavor" that we offer our customers at Tinajas Restaurant. Our authentic cuisine is based on a collection of the best traditional Panamanian recipes from around the country, carefully prepared by our chefs with the most fresh native ingredients. If you would like to learn more about the Panamanian folklore, our traditional dances and our beautiful national dress, "the pollera", make sure you don't miss one of our shows offered on Tuesdays, Wednesday, Thursdays, Fridays and Saturdays at 9:00 p.m. Open for lunch and dinner from Monday to Saturday. **Sundays closed.**

**Email:** [info@tinajaspanama.com](mailto:info@tinajaspanama.com)

**Phone:** (507) 263-7890 or (507) 269-3840

**Address:** Calle 51, Bella Vista

## RESTAURANTS PANAMA CITY CITY CENTER

### Azahar Panamá



The tropical-chic atmosphere of Azahar is sober and daring, luxury with a daily sense. Signature cuisine of Western European style with important Asian influences as its finest. The restaurant is hidden behind a small florist shop. When crossing a cold room door that appears to be a flower fridge, there is an imposing restaurant with the best view of Panama City. Wide spaces, pastel colors,

lots of vegetation and light. This project led by the architect Totón Sanchez achieves a perfect harmony between the scene of the restaurant and the view of the old town submerged in the line that confuses the sky with the sea.

Open daily: Mon-Wed: 12:00 p.m. – 11:00 p.m., Thur-Sat: 12:00 p.m. – 12:00 a.m., Sun: 12:00 p.m. – 10:00 p.m.

Email: [eventos@azaharpanama.com](mailto:eventos@azaharpanama.com)

Phone: (507) 203-9856

Address: Avenida Balboa, Ph Yoo & Arts, Piso 7, Bella Vista, Panama City

### Riesen Restaurant - Bar



Come and try Riesen's real farmer-inspired and produce-driven prepared by Chef Hernán Correa Riesen, HACCP certified, and winner of multiple culinary contests, including Panamá Gastronómica 2012, and participant in Casa Club's TV Show, LA CHISPA de la Chef Carmen. The restaurant opened early 2013 and with its convenient location, accessible prices and charming ambience apart from local and fresh food invites you for a memorable dinner experience. Open every day from 6:00 p.m. – 10:00 p.m.

Closed on Tuesdays.

Email: [info@riesenpanama.com](mailto:info@riesenpanama.com)

Phone: (507) 264-0473

Address: Calle D, Casa #16 (across from the Toscana Inn Hotel), El Cangrejo

### Segundo Muelle



This Peruvian restaurant is a favorite of locals and international guests. Located in the San Francisco district of Panama City, the menu offers a variety of exquisite and fresh seafood dishes which promise to not disappoint. Open from Mon- Sat 12:00 p.m. to 11:0 p.m. and Sun 1:00 p.m. to 6:00 p.m..

Email: [sanfrancisco@segundomuelle.com](mailto:sanfrancisco@segundomuelle.com)

Phone: (507) 391-9235

Address: Calle Crisantemos N° 16 and corner of 68<sup>th</sup> street (near Calle 50), San Francisco



## RESTAURANTS PANAMA CITY

### CASCO VIEJO

#### Donde José



Donde José is situated in the heart of Casco Viejo and is one of Panama City's top demanded dining spots. Chef José's single tasting menu with multiple courses tells a unique story of Panamanian cuisine, traditions and culture by using endemic ingredients and cooking with age-old techniques which for sure convinces the 16 guests that find space in one of the two seatings per night. Dinner is served in a supper club format and each course is brought out simultaneously to all guests in the restaurant. Open from Tuesday through Saturday with two seatings at 7:00 p.m. and 9:30 p.m. **Closed on Sundays and Mondays.**

**Email:** [reservas@dondejose.com](mailto:reservas@dondejose.com)

**Phone:** (507) 262-1682

**Address:** Ave. Central with Calle 11, Casco Viejo

#### Ochoymedio



OCHOYMEDIO is a gastronomic garden in the heart of Casco Viejo where you can enjoy exquisite dining and delicious cocktails. Michelin star chef Andrés Madrigal offers a contemporary kitchen with forgotten flavors, elegant dishes with a rustic and traveler influence that reach local farmers, offering a la carte menu with seductive and cosmopolitan combinations, a wide variety of dishes as niguiris, assortment of fish and meats cooked with our Robata grill. Open on Mondays to Saturdays from 6:30 p.m.– 11:00 p.m. **Closed on Sundays.**

**Email:** [direccion.reservas@ochoymediopanama.com](mailto:direccion.reservas@ochoymediopanama.com)

**Phone:** (507) 209-4185

**Address:** Plaza Herrera (next to Felipe Motta Wine Store), Casco Viejo

#### L'Osteria



This Italian restaurant offers an array of choices such as homemade meatballs, delicious pastas, corvina, chicken, and vegetables, all in a uniquely prepared Italian tapas style. We recommend not only coming here for food, but also to enjoy the rustic Italian atmosphere, wine, and calicanto stone walls.

Open from Monday to Saturday 12:00 p.m. to 3:30 p.m. and from 6:00 p.m. to 11:00 p.m.

**Email:** [losteriapanama@gmail.com](mailto:losteriapanama@gmail.com)

**Phone:** (507) 212-0809 / 212-0052 / 6783-7724

**Address:** Calle 7ma Este Casco Viejo

# RESTAURANTS PANAMA CITY

## CASCO VIEJO

### Caliope



Chef Martino Pace, drawing on his experience cooking in Italy, and Executive Chef of the Tantaló Group, Pierre de Janon, have united their creativity to provide a unique gastronomic adventure. Caliope also offers New York City style artisanal cocktails and an eclectic wine list. Be one of the first to enjoy the culinary experience of Caliope, a restaurant destined to be one of the best in all of Central America. Caliope

accepts reservations and has a limited number of tables for walk-in customers. Open Monday to Saturday from 19:00 – 22:30 hrs.

**Email:** [caliope@teatroamador.com](mailto:caliope@teatroamador.com)

**Phone:** (507) 212-1565

**Address:** Avenida Central, 1st floor of Teatro Amador, Casco Viejo, San Felipe

### Santa Rita



The fusion of the old and the new world united through two great gastronomic representatives of both continents (Spain and Argentina) is what characterizes this small charming restaurant at the entrance of Casco Viejo.

The menu has been designed to surprise diners both in the love of the preparation of the dishes and their prices, with a menu of Spanish tapas and good grill in sight. Its name is due to LAS VERANERAS, a flower that abounds in Panama and that in Argentina is called Santa Rita.

Open Tue-Sat 7:00 a.m.–11:30 p.m., Mon 7:00–10:30 a.m. **Sundays closed.**

**Email:** [info@restaurantesantaritapanama.com](mailto:info@restaurantesantaritapanama.com)

**Phone:** (507) 303-0991

**Address:** Avenida Eloy Alfaro y Calle 11, Casco Viejo

### Casa Blanca



Casa Blanca offers an extensive menu of international cuisine and a large seating area on beautiful Plaza Bolívar. Open for lunch and dinner, it's a great place to stop on a hot afternoon to refresh and relax. There is ample indoor seating as well and Casablanca is housed in one of the prettiest Spanish Colonial buildings, near the National Theatre in Casco Viejo. Open daily from 11:00 a.m. – 2:00 a.m.

**Email:** [isolda38@hotmail.com](mailto:isolda38@hotmail.com)

**Phone:** (507) 212-0040

**Address:** Plaza Bolívar, Casco Viejo

## RESTAURANTS PANAMA CITY

### CASCO VIEJO

#### LOLA Mía, La Concordia Hotel



If you wish to enjoy a romantic dinner, impress a potential business partner, or delight in the best breakfast in Casco Viejo, LOLA Mía is the place you are looking for. Located on the ground floor of the boutique hotel La Concordia in Casco Antiguo it offers a casual environment, unparalleled service and an array of exquisite plates with Peruvian, Asian and Panamanian concept, full in details and lots of love in a casual and intelligently suggestive atmosphere that invites us all to be ourselves.

Opening hours: Mon-Fri from 7:00 – 10:00 a.m. and 6:00 p.m. – 12:00 a.m., Sat from 7:00 a.m. – 12:00 p.m. and 6:00 p.m. – 12:00 a.m., Sundays, from 7:00 a.m. – 12:00 p.m.

**Email:** [info@laconcordiapanama.com](mailto:info@laconcordiapanama.com)

**Phone:** (507) 300-1125

**Address:** Ave Central & Calle A & Calle B, Santa Ana, Casco Antiguo

#### Diablicos



Located behind the National Theater in Casco Viejo, Diablicos (= Devils) restaurant resembles with a large devils mask at the entrance one of Panama's cultural traditions. The restaurant offers a typical Panamanian cuisine with some of the country's most popular and typical dishes. The restaurant's colorful and traditional decoration and ambience invites guests to seat either inside in the air-conditioned restaurant or outside on

the cobblestone-paved alley just a few distance away from the bayside.

Open daily from 11:30am – 12:00 a.m.

**Phone:** (507) 228-9495

**Address:** Avenida Central and Calle 3, Casco Viejo

#### René Café



With a great location at the Cathedral Plaza in Casco Viejo, René Cafe offers fix-priced five-course lunches and seven-course dinners that change daily. René emphasizes on international flavors by fusing traditional Panamanian favorites with influences as broad as Pan-Asian and Continental cuisine to create some truly unique tapas. Open Mon-Sat from 11:30 a.m. - 3:00 p.m. and 7:00 p.m. - 10:00 p.m. **Sundays closed.**

**Email:** [reservas@renecafe.com](mailto:reservas@renecafe.com)

**Phone:** (507) 262-3487

**Address:** Plaza Cathedral, Casco Viejo



# RESTAURANTS PANAMA CITY

## CASCO VIEJO

### Dining Room, American Trade Hotel



Chef Clara Icaza helms The Dining Room at American Trade Hotel, bringing to it a culinary philosophy shaped in top kitchens from Northern California to New York City. Through her work at Limoncillo — the sorely missed Panama City culinary stand-out she directed until 2010 — Icaza earned international attention, with Gatopardo Magazine's naming her one of the top 20 young chefs in Latin America. For The Dining Room's sophisticated lunch and dinner menus, Icaza's focus is wholly ingredient-driven — her innovative take on classic meat and seafood dishes distinguished by their commitment to fresh, local and seasonal components. Open daily for brunch from 11:00–3:00 p.m., lunch 11:30 a.m.–4:00 p.m., dinner 6:00 p.m.–11:00 p.m.

**Email:** [reservations@americantradehotel.com](mailto:reservations@americantradehotel.com)

**Phone:** (507) 211-2000 ext. 2072

**Address:** Calle 11 & Avenida B, Casco Viejo

### Mostaza



Mostaza is located in Casco Viejo across from Panama's famous "flat arch". Guests can choose from a varied menu of grilled meats, pastas, selected seafood and house specialties, all made with superb attention to detail and the finest ingredients personally selected by chef Jose Forestiero. A favorite of visiting diplomats and executives, Mostaza offers an exceptional dining experience at a moderate price, and guests can choose to dine at outside tables or inside the dining rooms of the award-winning historically restored building. Open from Tuesdays to Fridays from 12:00– 3:00 p.m. and 7:00 - 11:00 p.m. Saturdays and Sundays from 7:00 - 11:00 p.m. **Mondays closed.**

**Email:** [info@mostazapanama.com](mailto:info@mostazapanama.com)

**Phone:** (507) 228-3341

**Address:** Avenida A and Calle 3, Casco Viejo